



1 in 20 women  
develop preeclampsia  
during pregnancy

1 in 100 women develop  
severe preeclampsia,  
HELLP Syndrome or  
eclampsia

**Preeclampsia**  
is the most common  
serious medical disorder  
in pregnancy

## KNOW THE SIGNS AND SYMPTOMS

HIGH BLOOD PRESSURE

PROTEIN IN THE URINE

SWELLING OF HANDS, FACE OR FEET

SHOULDER OR ABDOMINAL PAIN

PERSISTENT HEADACHE

SUDDEN WEIGHT GAIN

VISION CHANGES

UNEXPLAINED NAUSEA  
(NOT MORNING SICKNESS)

CAN HAVE NO SYMPTOMS



Around the world  
**five** women per **hour**  
die from preeclampsia



**Nine** Australian  
women died from  
preeclampsia between  
**2008-2012**



Around **200**  
Australian babies die  
per **year** as a result  
of preeclampsia



Regular monitoring of  
blood pressure during  
pregnancy allows better  
diagnosis, treatment and  
outcomes

### **What can I do?**

Keep antenatal appointments.

Make sure blood pressure  
and urine are checked.

If something changes,  
**get checked out.**

